

## Comprehensive and Convenient

### PERQUE Detox Program Offers:

- Synergy of 4 key PERQUE products for complete multi-system detoxification
- Easy-to-swallow tabsules – free of messy powders!
- Quick Start CD gives you all the information you need to follow this simple program
- 7-day detachable detox dispenser makes it easy to detox on the go
- Web page full of valuable resources for getting the most out of your detox program including:
  - The Alkaline Way Diet
  - Alkalinizing Menu Ideas & Recipes
  - Food Combining for Better Digestion
  - Foods to Avoid while Detoxifying

### Why Health Professionals and Their Patients Prefer PERQUE

"Detox that is evidence based, comprehensive, and really works."  
CS, DO - Zion, IL

"Detox in a box works for my practice."  
SR, RD, CCN - Chester, NJ

"After the initial couple of weeks, I started feeling really good. When the complete month of detox was over, I was truly energized like never before!"  
BK, Patient - Sterling, VA

## Do you need to detoxify your body?

Find out if PERQUE's Detox Program is right for you. Please give each question a value ranging from 0-5 with 0 representing not being true for you and 5 describing you very well.

1. Do you tire easily? \_\_\_\_\_
2. Have you become more irritable recently? \_\_\_\_\_
3. Do you sleep poorly (awaken before fully rested)? \_\_\_\_\_
4. Do you sweat more than what is usual for you? \_\_\_\_\_
5. Do you experience bloating? \_\_\_\_\_
6. Do you have skin conditions like brown spots, acne, or eczema? \_\_\_\_\_
7. Are you allergic or sensitive to certain foods, car fumes, or perfumes? \_\_\_\_\_
8. Do you have trouble losing weight? \_\_\_\_\_
9. Do you get headaches frequently? \_\_\_\_\_
10. Are you experiencing any difficulty concentrating? \_\_\_\_\_

**Total Value:** \_\_\_\_\_

If your total value is above 20, you may benefit from PERQUE's Detox Program. Please ask your health practitioner how to start detoxifying your body today.

## Feeling Unhealthy? Overweight? Always Tired? Forgetful?



## It's Time to Take Charge of Your Health!

## Repair and Renew Your Body Naturally with PERQUE's Detox Program™\*

# ACHIEVE RENEWED HEALTH TODAY!

## What is Detox? An Overview

**Detox**, short for Detoxification, is the body's natural, ongoing process of neutralizing or eliminating toxins from the body.

When our bodies are bombarded with unfamiliar toxins, are producing too many toxins, or are not eliminating toxins effectively, toxins **BUILD UP**. An overload of toxins in the body can cause symptoms such as: *constipation, bloating, excessive gas, decreased concentration and memory, headaches, poor skin, depression, body odor, and even bad breath.*

Toxins can come from varied sources such as chemicals in the environment, heavy metals, medications, processed foods and beverages, additives, household cleaners, and even personal items. These toxins are transformed to less harmful compounds and excreted via stools or urine. A cleanse or detox helps to strengthen the organs that the body uses to flush toxins from the body on a daily basis. These include the skin, the lymphatic system, the intestines, liver, lungs, and kidneys.



## Why Detox? Detox is Essential for Survival

Detox gives your body a break from anything toxic by removing these toxins from your system. The outcome of a successful and well-planned detoxification program like the **PERQUE advanced 30-day program** is that you will likely experience:

- Increased energy
- Clearer skin
- A stronger immune system
- Greater mental clarity
- Improved digestion
- Weight loss, if desired

**You will start to feel energized, fit, and alert!**



## PERQUE Detox Program 4 Products for Complete Multi-System Detox



### Detox IN Guard™

Removes lead, mercury, and other toxic minerals as well as benzene and other solvents plus hormone-disrupting biocides\*

### Liva Guard™

Repairs liver from harsh chemical exposures and restores, rehabilitates, and protects the body\*

### Potent C Guard Tabs™

Strengthens, repairs, and energizes the immune system, brain function, and hormonal balance and provides antioxidant protection\*

### EPA/DHA Guard™

Includes active Omega 3 essential fats to help with nutrient uptake and remove fat soluble toxins\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.