



BETTER COMPLIANCE
REGULATE ENERGY AND SUGAR
BEYOND INSULIN RESISTANCE

PERQUE GLUCOSE REGULATION GUARD™:

TROPHORESTORATIVE** SUGAR/INSULIN REGULATION
50,000,000 AMERICANS AT RISK:
KNOW YOUR RISK

GLUCOSE REGULATION GUARD

YOUR GLUCOSE REGULATION GUARD
Glucose dysregulation is epidemic and induces:

- Coronary and atherosclerotic disease
- Accelerated aging
- Sexual dysfunction
- Chronic fatigability
- Obesity and weight control problems
- Impaired immune defense and repair.*

PERQUE Glucose Regulation Guard is a natural and comprehensive solution to these problems. Enhanced glucose regulation means more energy, improved immune defense and repair; lower risk of glucose dysregulation, fewer side effects, increased patient satisfaction, and compliance resulting in better outcomes. This produces rapid benefits without reported adverse effects associated with oral hypoglycemic drugs, and, unlike insulin, it is effective when taken by mouth.*

GLUCOSE REGULATION: ESSENTIAL FOR HEALTH

Maintaining blood sugar balance requires efficient delivery of glucose to cells for energy. **PERQUE Glucose Regulation Guard** regulates blood sugar (blood glucose) levels by enhancing glucose transport activity.*

Diet, weight, and exercise are essential for healthy blood glucose levels. However, because it is difficult for most people to maintain ideal diet and exercise programs, a natural aid can help.*

Blood glucose-lowering (oral hypoglycemic) medications are often prescribed. Benefits are often marginal, and a host of side effects are noted in the latest *Physicians Desk Reference (PDR)*, including gastrointestinal problems, impairment of B-12 and other essential nutrients absorption, metabolic/lactic acidosis, and kidney problems. Additionally, these drugs often lose effectiveness over time and can exacerbate the sexual dysfunction commonly seen in diabetics.

PERQUE Glucose Regulation Guard offers a better choice that avoids these adverse effects, while improving patient satisfaction and compliance.*

UNIQUE PERQUE FORMULA, NATURALLY

PERQUE Glucose Regulation Guard is unique, comprehensive, and provides synergistic nutrients for better blood sugar and energy regulation. **Glucose Regulation Guard** is a unique herbal nutrient combination.*

• *Galega officinalis* (French lilac)

The *Galega officinalis* plant has been known since the Middle Ages for relieving the symptoms of diabetes mellitus. The active ingredient in this plant that lowers blood sugar by decreasing insulin resistance is galegine or isoamylene guanidine. Chemical derivatives from galegine include metformin from the biguanide class of antidiabetic medications, which was approved by the FDA in 1995.

• Bitter melon / *Marah* (*Momordica elegans*)

Bitter melon is a plant related to the Chinese cucumber. It is commonly consumed as a vegetable in Asia and has long been used as an adjunct in diabetes management. Additionally, it has anti-bacterial and anti-parasitic properties. Bitter melon also has the potential to down-regulate insulin and is also thought to slow down the aging process.

• Huckleberry / Bilberry (*Vaccinium myrtillus*)

Huckleberry / Bilberry has been used traditionally in the treatment of diabetes, and research suggests that its leaf extract can lower blood sugar levels.

• **Chromium citrate and vanadium ascorbate** in their most potent forms. Chromium is needed for blood sugar metabolism, improving glucose tolerance, and helps lower body weight while increasing lean body mass. Vanadium enhances sugar metabolism and reduces the need for insulin in both Type I and Type II diabetics.*





TWO PERQUE SOFTGEL CAPSULES PROVIDE:



Energized Nutrients

Chromium (as citrate).....	250 mcg
Vanadium (as ascorbate)	250 mcg
French lilac (Galega officinalis).....	150 mg.
Bitter melon/Marah (Momordica elegans)	150 mg.
Huckleberry/Bilberry (Vaccinium myrtillus)	100 mg.
Agnus castus (Chaste tree berry)	250 mg.

Phosphatidylcholine & Phosphatides	25 mg.
Rice bran oil	871 mg.
Gamma oryzanol	10,300 mcg
Kosher gelatin	254 mg.
Glycerine (vegetable).....	119 mg.
Chlorophyll	3 mg.
Ascorboryl palmitate	3 mg.

Typical Dosage

As a dietary supplement, take two (2) or more softgels with each meal or as directed by your health professional.

Available in bottles of 90 and 180 softgel capsules.

- **Agnus castus** (Chaste tree berry) in **PERQUE Glucose Regulation Guard** at a full 250 mg. of high activity material improves HPA axis function, enhancing the often overlooked but important hormonal influence on blood glucose. Hormonal dysregulation and distress increases risk from and complications of Syndrome X/insulin resistance. Diabetes becomes more brittle and difficult to control when hormonal dysregulation exists.*

WHO NEEDS IT NOW

Ensuring blood glucose balance is critical for anyone seeking to restore or maintain good health, and is particularly indicated for the following conditions:*

- **Syndrome X / Insulin resistance management** – The group of symptoms including high blood pressure and increased cardiovascular risk, high cholesterol and triglyceride levels, and obesity are referred to as Syndrome X or insulin-resistant syndromes. Underlying this metabolic disturbance are persistent elevations in blood glucose and insulin levels that have been shown to precede Type II diabetes.*
- **Type I Diabetes (IDDM)** – Balanced blood sugar with **Glucose Regulation Guard** may help insulin dependent diabetics reduce their need for insulin.*
- **Type II Diabetes (NIDDM)** – Risk increases with age, weight, and decreased physical activity. Using **PERQUE Glucose Regulation Guard** as a primary

supplement to maintain blood sugar balance, along with dietary control and regular exercise, may reduce or eliminate the need for insulin and help prevent the kidney, eye, and heart damage associated with poor glucose control.*

- **Weight Management/Obesity** – Because excess blood glucose from impaired carbohydrate metabolism signals fat cells to store lipids, resulting in weight gain, **PERQUE Glucose Regulation Guard** can modify carbohydrate metabolism, both promoting weight loss and preventing weight gain (or regain).*

PERQUE Glucose Regulation Guard is your best tool to balance blood sugar for everyone needing improved glucose/energy regulation.*

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2. Jaffe R. *Metabolic Management of Syndrome X. Comprehensive Care Seminar*, September 14, 2000.
3. McCarty MF. Does bitter melon contain an activator of AMP-activated kinase? *Med Hypotheses* 2004;63(2):340-3.
4. Meigs JB, et al. *Hyperinsulinemia, Hyperglycemia, and Impaired Homeostasis*. *JAMA* 2000; 283: 221-228.
5. Rosmond R, Dallman MF, Bjorntorp P. Stress-related cortisol secretion in men: relationships with abdominal obesity and endocrine, metabolic and hemodynamic abnormalities. *J Clin Endocrinol Metab* 1998; 83(6):1853-9.1.
6. Savickiene N, Dagilyte A, Lukosius A, and Zitkevicius V. Importance of biologically active components and plants in the prevention of complications of diabetes mellitus. *Medicina (Kaunas)* 2002; 38(10):970-975.
7. Witters LA. The blooming of the French lilac. *J Clin Invest* 2001;108:1105-1107.
8. Zavaroni J, Bonini L, Fantuzzi M, Dall'Aglio E, Passeri M, Reaven GM. Hyperinsulinemia, obesity, and syndrome X. *J Intern Med* 1994; 235(1):51-6.

**Trophorestorative means to restore, nourish and repair bodily functions.

THE PERQUE GUARANTEE

Like every other **PERQUE** product, **Glucose Regulation Guard** comes with a 100%, unconditional, money-back guarantee — the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- All **PERQUE** products dissolve rapidly (usually within 20 minutes), eliminating digestive irritation often found with other brands.
- Full label disclosure is provided for all **PERQUE** products — no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- 100% vegetarian formula.
- Unique post-production assays and clinical bioassays assure product integrity.

YOUR QUALITY ASSURANCE

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.